



# Getting through the Coronavirus Crisis: Resources for Parents and Families

Every family goes through stresses from time to time. It's OK to have those feelings, especially now in the age of Coronavirus and the need to "stay at home". That's why we've put together this list of programs offered through agencies supported by Mental Health Recovery Board Serving Warren & Clinton Counties. **Each offers services by phone and telehealth platforms while the crisis continues.**

Agency	Contact Information	Parent/Caregiver Coaching Services*	Services Offered			Other Information
			Crisis Services*	Mental Health Counseling & Psychiatric Services**	Substance Use Counseling & Medication Assisted Management**	
Beech Acres Parenting Center	(513) 231-6630 beechacres.org	Parent Coaching Kinship Connections		Child & Adolescent services		
Butler Behavioral Health	(513) 896-7887 bbhs.org		Mobile Response & Stabilization Services (Child/Adolescent & Family) *Call (877) 695-6333 to access*	Child & Adolescent services		Intake paperwork available on website under "Make a referral"
Crisis Text Line	Text "4hope" to 741741		Crisis svcs via text			
Crisis Hotline	Call (877) 695-6333		Telephone hotline services			
Solutions Community Counseling & Recovery Centers	(513) 228-7800 solutionsccrc.org		Individual Adult Crisis Services	Child, Adolescent & Adult Services	Adolescent & Adult Services	Intake paperwork available on website
Talbert House	Lebanon: (513) 932-4337 Franklin: (937) 723-0883 Wilmington: (937) 414-2016 talberthouse.org			Child, Adolescent & Adult Services	Adolescent & Adult Services	Franklin & Wilmington offices open if phone & internet access is a problem; call for appointment

\*No out of pocket cost to consumer      \*\* Free & Reduced cost service available (based upon income)

Not sure if you need to seek help? MHRB has a variety of free, anonymous screening tools available at: [www.mhrbwcc.org/find-help/online-behavioral-health-screenings/](http://www.mhrbwcc.org/find-help/online-behavioral-health-screenings/)

Need to access free Naloxone by mail? Visit <https://www.naloxoneforall.org/hro> for more information.

## Service Descriptions:

### Parent Coaching

This service provides parents with solutions to daily challenges and tools to help them build and strengthen relationships with their children. This service is provided individually and is available as often as necessary to meet your family's needs.

### Kinship Connections

This program provides a support network for relatives raising children who are not their own (grandparents, aunts, uncles, siblings, family friends, etc.). Assistance available in navigating court systems and community resources. Individual help and group meetings offer camaraderie and peer support.

### Hotline Service

Trained staff available via telephone 24 hours a day to talk about your concerns. Whether you just need to vent your feelings, or you feel as though you are in a true crisis, staff are always available.

### Crisis Text Line

Trained Crisis counselors can serve anyone via text 24 hours a day. They are available to help you through any painful emotion and anytime you need support. Your opening message can say "4hope" to initiate a text conversation.

### Mobile Response and Stabilization Service

Families with youth & young adults age 0-21 who are experiencing distress can receive assistance within 60 minutes after request. Situations can include a variety of difficulties such as family conflict, emotional outbursts, suicidal ideation, and substance use. Follow-up support available to ensure linkages to on-going support. For more information, see <https://heyimhere.org/help-and-support/>. Contact (877) 695-6333 to request service.

### Mental Health Counseling and Psychiatric Services

Service begins with an assessment which involves gathering initial information to evaluate the problem and your needs. This leads to any necessary treatment recommendations. In Counseling, the focus is on treating mental health needs with clear goals & outcomes identified. Counseling can be done on an individual, family, or group basis. Psychiatric Services may be recommended if the clinician feels that medication may assist in treatment.

### Substance Use Counseling and Medication Assisted Treatment

Service begins with an assessment which involves gathering initial information to evaluate the problem and person's needs. This leads to any necessary treatment recommendations. In Counseling, the focus is on treating substance use issues with clear goals & outcomes identified. Counseling can be done on an individual or group basis. Medication Assisted Treatment may be recommended if the clinician feels that medication may assist in treatment.



**Mental Health  
Recovery Board**  
Serving Warren & Clinton Counties